HOW CAN I FOLLOW
The Way of the Great Perfection
ALL-ENCOMPASSING PATH TO ENLIGHTENMENT

1. GATHERING WITH YOUR SANGHA (IN-PERSON OR ONLINE) FOR THE MONTHLY LIVE SESSIONS
   - Join freely on Prajna each month
   - Teachings by our most senior, experienced teachers
   - Fresh, contemporary and out of the box presentation of foundational topics

2. SUBSCRIBE TO THE FULL AEPE PROGRAM
   - Includes weekly study & practice groups to further explore the monthly teaching
   - Includes further teachings, guided practice and discussions

3. ADDITIONAL STUDY MATERIALS
   - Members of the full AEPE program also have access to more teachings to deepen their understanding of each topic presented

4. IF YOU ASPIRE TO JOIN THE DZOGCHEN MANDALA
   - Following the full AEPE program (1-3) can partially fulfill study criteria for joining the Dzogchen mandala
   - More details to follow soon

Month Live Session Schedule
Autumn 2023 - Summer 2026
Sunday 8 October 4pm CET, Patrick Gaffney teaches Key Principles of the Preliminary Practices
Sunday 12 November 4pm CET, Patrick Gaffney teaches on The Way to Receive Spiritual Teachings & Three Wisdom Tools
Sunday 10 December 4pm CET, Verena Pfleiffer teaches on Precious Human Life
Saturday 13 January 9am CET, Jan Van Der Breggen teaches on Impermanence
Saturday 10 February (Losar) teacher tbc on Defects of Samsara
Saturday 9 March 11am CET, Philippe Cornu teaches on Karma
Saturday 13 April (3pm CET TBC) Alain Beauregard tbc teaches on The Benefits of Liberation
Saturday 11 May 11am CET, Kirsten Czeczor tbc teaches on How to Follow a Spiritual Friend
Saturday June 8 11am CET, Dominique Side teaches on Turning our Minds Towards Enlightenment